



***DHHS Today***  
***November 23, 2005***



**Happy Thanksgiving!**



### **2005 United Way Campaign Kicks off With Increased Giving**

Last year, the Department of Health and Human Services (DHHS) employees proved how much they care about our community by raising \$33,844 for United Way. In September, DHHS kicked off its' 2005 United Way campaign. During the campaign period, employees may donate to United Way through payroll deductions by filling out your United Way pledge card. Even giving just a few dollars per pay period will make a big difference to the organizations that United Way funds.

Did you know:

**\$1 per week** (\$52 per year) can provide 5 underprivileged children with memberships to the North Little Rock Boys and Girls Club or 365 pounds of food for St. Francis House

**\$5 per week** (\$260 per year) can provide 26 homeless children with school backpacks through Centers for Youth and Families or 2 full baseball teams the opportunity to play at the Little Rock Air Force Base

**\$10 per week** (\$520 per year) can provide 52 girls the opportunity to become a Girl Scout or crisis intervention for 15 survivors of assault at a Family Service Agency.

**\$20 per week** (\$1,040 per year) can provide 8,230 meals at the Arkansas Foodbank or rent assistance for 4 families facing eviction through Red Cross of Greater Arkansas

Your gift to United Way will provide:

- Safe places for children to learn and play
- Job training for people who want to work
- Hot meals and transportation for seniors
- Food and shelter for families facing hard times
- Therapy for people with disabilities
- Crisis intervention for victims of violence
- Addiction-recovery counseling
- Character-building programs for youth

United Way has been helping the people of Central Arkansas since 1923. Community leaders volunteer their time to ensure that your donations are spent wisely and efficiently, on programs that address the most critical community needs. Charlie Cain-Davis, one of the DHHS United Way

Campaign Coordinators, said, “I and members of my family have used programs and services funded by United Way. Most people, when they look at the list of United Way agencies, realize that they, too, have relied on United Way at one time or another. United Way provides a ‘community safety net’ that can help people above and beyond what their church or extended family can do. Working in a state agency, we meet people every day that need United Way. I wouldn’t ask my co-workers to give to an organization I don’t support...and I do give to United Way!”

For more information about United Way, contact Winona Lamb, Chair of the Volunteer Activity Council at (501) 682-6549 or [winona.lamb@arkansas.gov](mailto:winona.lamb@arkansas.gov), or visit the United Way website at [www.uwpulaski.org](http://www.uwpulaski.org). On this website, you may watch a video about people who have been helped by United Way. You may also subscribe to the monthly E-Newsletter to find out how your donations are being spent and learn about volunteer opportunities and special events.

*Despite the pouring rain, over 500 people came to the River Market on September 14 to participate in the 2005 Campaign Kick-Off. Backyard Burgers, Coleman Dairy, and Coca-Cola provided a delicious lunch. Parkview Choir Madrigal Singers, Zirconium Barbershop Quartet, and Alice 107.7 entertained guests. The Catholic High School Marine Color Guard presented the colors to begin the program, which was emceed by Anne Jansen of Today's THV. (pictured with Dr. Grover Evans, DDS Client Advocate.)*



### **DHHS Team Celebrates Race for the Cure Award**

“I just wanted to let everyone know how much I appreciate all of the help you gave to make the 2005 Race for the Cure successful. I could not have done it without each one of you helping me. I am very excited to tell you that for the fifth year in a row, ADH/DHHS won the largest government agency team award. I was able to accept the award as the team captain for DHHS. More than 40,000 participated in the race; there were more than 2,000 survivors participating; this year’s race raised more than one million dollars and was the fourth largest in the US, just behind NYC, Washington, D.C. and Los Angeles. It was the largest race per capita, ever! It takes a lot of people to make this event successful and I just wanted to let you all know how much I appreciate you.”

*-Erin Freeze, Division of Health*



*Members of the DHHS Race for the Cure Team gather on race day.*

## Success May Not be as Elusive as You Think...

By Ed Wood, Area III Director, DCO

How do we measure success in our lives? It seems some must accomplish great things to feel successful and some seem to be more content with modest accomplishments. Some of us may try to compartmentalize our lives into home, work, recreation, community/church, etc. We do this in order to have some control and feel successful in different areas. Some are able to blend all areas of their lives and successes in one area, which spills over into other parts of their life. I have found that the blending of our lives seems to work better. As a supervisor, my desire is to have workers who are successful in life wherever they may be. I have spent a considerable part of my thirty-three year career trying to motivate workers to enjoy what they are doing and see the value of what they do. I have identified some indicators of success at work and in life:

1. We must feel a sense of accomplishment
2. We must also receive recognition or validation from our peers and supervisors
3. We must feel that our time is well spent and not wasted
4. We must know our own heart and know that it is in the right place; we must feel like we have something to offer that is unique as individuals

If you leave any of these principles out at home or work, success becomes more elusive. I have a framed card in my office that reads: "Success is measured not so much by the position that one has reached in life as by the obstacles which one has overcome while trying to succeed" – Booker T. Washington. In order to get quality performance from workers, supervisors must provide an environment where one can develop as a person/worker and feel successful at the same time.

## DHHS Around The State



**Southeast Arkansas HDC** served lunch during the outreach effort in the state for victims of Hurricanes Katrina and Rita. As of October 6, 114 meals had been served. The spirit and determination shown by the evacuees was nothing less than remarkable. Ron Martin, Manager of Fred's Discount in Warren, presented goody bags to our guests. Pictured are: **Annie M. Wimberly, Nettie Davis, Hannah Snow White, Ron Martin and Martha Reed.**

On October 26, the center also had four employees who have not used any sick leave for one calendar year from 10/1/04 – 9/30/05.

These employees were honored with a steak dinner served by their bosses. Pictured are **Tamika Roberson, Linda Davis and Ruthie Davis.** (Not Pictured: **Sheena Hampton**)



## **Congratulations to....**

**Alden Roller, DCFS**, was recognized with four other Arkansans by Senator Blanche Lincoln in September for his efforts in helping children and families through adoption. Roller has worked in child welfare with DHHS for 32 years. He has served as an adoption specialist, placement specialist, adoption coordinator and is currently the agency's adoption support specialist.

**Nellena Garrison, OST**, was awarded the Arkansas Public Administration Consortium (APAC) George C. Askew Award for 2005. Nellena's award brings recognition for her on a national level for the 'utilization of premier management practices in the completion of an exceptional curriculum project'. Nellena's project plan was chosen by competitive selection through the Master of Public Administration (MPA) coordinators at U of A, UALR, and ASU as the outstanding project of the year.

**Kathy Weatherl** has been selected for the position of Assistant Director of Quality Assurance, DDS. Kathy currently serves as the Vice President of Services for Friendship Community Care in Russellville. Ms. Weatherl has twenty-two years experience working with individuals with developmental disabilities in various capacities and settings. She will begin her new position on November 28, 2005.

**Sandra Allen, DCO**, has been selected as the new Washington County Administrator.

## **Professional Assistant of the Year Announced**

Each year at the IRC Annual Conference, the Professional Assistant of the Year award is presented to honor a state employee who exemplifies the qualities of an outstanding professional assistant. Nominations are submitted to the IRC Committee and an independent committee outside of state government selects the finalists.

Linda Carter was selected as the 2005 Professional Assistant of the Year. Linda serves as Assistant to the Assistant Commissioner in the Department of Education Division of Research and Technology and has worked for the Department for 37 years.

Tambra Nicholson and JoAnn West were selected as finalists. Tambra is an Administrative Assistant II with the GED Testing Program in the Adult Education Section of the Arkansas Department of Workforce Education and has worked for the state for 22 years. Joann is the Secretary to the Administrator of Religious Services with the Arkansas Department of Correction and has worked for the Department for 15 years.

## **Featured DCFS Foster Child**



**Devasha** is a pretty young lady with a respectful attitude and a talkative personality. She is a very pleasant individual that can find humor in everyday life. She enjoys playing video games, watching TV and playing with her toys. Devasha has a good relationship with her siblings. Some of her favorite foods are spaghetti, french fries and hamburgers. Devasha needs a parent or parents that will be willing to have patience with her. She needs to feel loved and accepted. A parent needs to be attentive, resourceful, active, organized, committed and nurturing. Devasha and her siblings are to be placed together, but staff may consider other placement options based upon the children's needs. If you are interested in adopting Devasha, please call 501-682-8462 or 1-888-736-2820.

## HELP Incentives Can Now Be Redeemed

The points you have gained for eating the right foods, exercising regularly, and being tobacco free can now be redeemed for a blue water tote, a black and red gym bag, a grey t-shirt, or even a colored stretchie band – all with the new Health Employee Lifestyle Program (HELP) logo on it. If you signed up to participate in HELP, you can view the prizes on the website and find out how many points it will take to get the prizes. Remember, you do not have to ‘cash-in’ all of your points at one time. You can save some or all of your points to redeem them later for other incentives.



## VAC Vein Drain Blood Drive Declared a Success

The DHHS Volunteer Activity Council (VAC) hosted a very successful blood drive for the American Red Cross on October 27. The conference rooms were decorated with a Halloween theme complete with eerie music, treat packs and t-shirts for donors. A total of 73 persons signed up to donate blood, and 61 units of blood were presented. The pace of donations was so steady at least five people were unable to donate due to time constraints. The VAC will host its next blood drive on January 11 with an Elvis Presley birthday theme. Please mark your calendars to make the next blood drive bigger and better with more units collected. Thanks to all who made the blood drive a success!

## Are you up to the Challenge?



DHHS will be participating in the 2006 Arkansas Fitness Challenge from March 1 until May 31 with Arkansas Blue Cross and Blue Shield. **Look for more information on the Challenge in the next issue of DHHS Today.**



Do you have something you'd like to share in the newsletter? Send email to [Julie.Munsell@arkansas.gov](mailto:Julie.Munsell@arkansas.gov) or [Ingrid.Green@arkansas.gov](mailto:Ingrid.Green@arkansas.gov). Send a fax to (501) 682-6836 or call (501) 682-8650.